

# MED TEACHING STRATEGIES

**Purpose: To promote a consistent approach to assessing, teaching, and evaluating the patient's knowledge and ability related to the *Improvement in Management of Oral Medications* outcome measure.**

## ASSESS

**Make sure comprehensive assessment includes learning assessment and barriers:**

- |   |  |
|---|--|
| <input type="checkbox"/> Sensorimotor barrier?  | <input type="checkbox"/> Language barrier?             |
| <input type="checkbox"/> Environmental barrier? | <input type="checkbox"/> Pain/discomfort?              |
| <input type="checkbox"/> Cognitive barrier?     | <input type="checkbox"/> Cultural/religious practices? |
| <input type="checkbox"/> Emotional barrier?     | <input type="checkbox"/> Poor motivation?              |
- NO BARRIERS... READY TO LEARN ?

## TEACH

**Make sure teaching includes aspects that can improve self-administration:**

- Visual recognition of the drug?
- Purpose?
- Dosing & administration?
- Brand & generic names?
- Expected duration of therapy?
- When to take medication relative to meals, sleep, etc?
- What to do in case a dose is missed?
- What to do if the condition being treated becomes/remains a problem?

## EVALUATE

**Make sure to evaluate and document the patient's or caregiver's response to your teaching:**

- Needs review?
- Repeats knowledge with cue(s) OR performs actions under supervision?
- Verbalizes knowledge/performs actions spontaneously (without cueing/supervision)?



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